



Ashish Foundation Futures Planning

Because Every Dream Matters



Why Futures Planning?



Belonging



Growth



Friendships



Roles



For Individuals with disabilities, these 'Good things in life' are harder to reach. Futures Planning helps make them possible.

What is Futures Planning?



Gifts

Discover unique gifts and strengths



Vision

Create a vision for the future



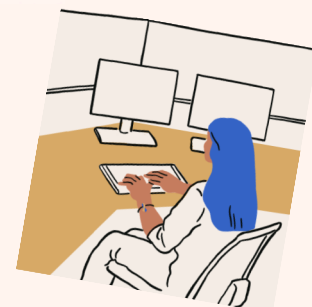
Support

Build a Circle of Support



Strategy

Plan practical steps for independence



How It Works



MAPS
dreams & fears



PATH
roadmap



One-Page Profiles
what matters most

Outcomes for Families

- ✓ Shared vision and direction
- ✓ Greater confidence in planning the future
- ✓ A support network you can rely on
- ✓ Peace of mind knowing your child's dreams are valued



Tools We Use

- ◆ MAPS – Explore life story, dreams, and fears
- ◆ PATH – Draw a step-by-step roadmap for goals
- ◆ One Page Profiles – Capture what matters most to a person
- ◆ Essential Lifestyle Planning – Focus on everyday life & supports



How the Process Works

- 5 personalized sessions involving the person, family, and key supporters
- Guided by trained facilitators using visual tools and conversations
- Steps:
 - a. Personal Profile – background, relationships, preferences, dreams
 - b. Vision Building – imagine a rich future (home, work, community)
 - c. Action Planning – concrete strategies & agreements
 - d. Follow Along – ongoing support & adjustments



LEARN MORE:

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[DETAILS IN GOOGLE FORM](#)

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